

BHA OFFICE UPDATE:

The Beacon Housing Authority (BHA) continues to operate remotely until further notice. There will be no in person meetings. Voicemails continued to be checked on a regular basis Monday – Friday between 9am and 4pm. Calls continue to be returned as quickly as possible. Please remember to include your name, telephone number, and reason for your call. For an immediate response you should leave your Email address. Emails are currently being used by BHA to expedite communications with our residents. BHA would like to thank all residents for their cooperation in participating with CDC recommendations and Executive Orders surrounding the Coronavirus.

BHA maintenance will not be entering apartments for routine maintenance/inspections at this time. Please continue to report needed repairs and work will be scheduled when it is safe to do so. Emergency work will be performed if needed.

**ACTUALIZACIÓN DE LA OFICINA DE BHA:**

La Autoridad de Vivienda de Beacon (BHA) continúa operando de forma remota hasta nuevo aviso. No habrá reuniones en persona. Los correos de voz continuaron siendo revisados regularmente de lunes a viernes entre las 9 a.m. y las 4 p.m. Las llamadas continúan siendo devueltas lo más rápido posible. Recuerde incluir su nombre, número de teléfono y el motivo de su llamada. Para una respuesta inmediata, debe dejar su dirección de correo electrónico. BHA está utilizando actualmente correos electrónicos para acelerar las comunicaciones con nuestros residentes. BHA quisiera agradecer a todos los residentes por su cooperación para participar con las recomendaciones de los CDC y las órdenes ejecutivas que rodean el coronavirus.

El mantenimiento de BHA no ingresará a los apartamentos para el mantenimiento / inspecciones de rutina en este momento. Continúe informando las reparaciones necesarias y el trabajo se programará cuando sea seguro hacerlo. El trabajo de emergencia se realizará si es necesario.

BHA ENCOURAGES RESIDENTS TO START UTILIZING THE BHA WEBSITE

The City of Beacon Housing Authority is currently posting valuable information regarding the Coronavirus, along with community resources. BHA strongly encourages all residents to check the website on a daily basis. Stay informed with current information from state and local government. Click on the link below for further information:

<https://beaconhousingauthority.org/>

BHA IS ASKING ALL RESIDENTS TO ADHERE TO THE STATE EXECUTIVE ORDER

BHA is encouraging our residents to comply with the NYS Executive Order 202.16 The Executive Order directs all citizens to wear face masks when in public when social distancing is not an option. BHA appreciates all residents who are in compliance with this Executive Order. Many of our residents fall into the high risk group and are susceptible to COVID-19 infection. Let's stay vigilante and take precautions to stay safe and healthy. Do it for yourself and your community.



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BHA ALIENTA A LOS RESIDENTES A COMENZAR A UTILIZAR EL SITIO WEB DE BHA

La Autoridad de Vivienda de la Ciudad de Beacon está publicando información valiosa sobre el Coronavirus, junto con recursos de la comunidad. BHA recomienda encarecidamente a todos los residentes que revisen el sitio web diariamente. Manténgase informado con la información actual del gobierno estatal y local. Haga clic en el siguiente enlace para obtener más información:

https://beaconhousingauthority.org

BHA PIDE A TODOS LOS RESIDENTES ADHERIRSE AL ORDEN EJECUTIVO DEL ESTADO

BHA está alentando a nuestros residentes a cumplir con la Orden Ejecutiva 202.16 del Estado de Nueva York. La Orden Ejecutiva ordena a todos los ciudadanos que usen máscaras faciales cuando están en público cuando el distanciamiento social no es una opción. BHA agradece a todos los residentes que cumplen con esta Orden Ejecutiva. Muchos de nuestros residentes pertenecen al grupo de alto riesgo y son susceptibles a la infección por COVID-19.

Mantengámonos vigilantes y tomemos precauciones para mantenernos seguros y saludables. Hazlo por ti y tu comunidad.

EMAIL ADDRESSES

The Beacon Housing Authority continues to collect Email addresses in order to proactively communicate and share vital information with its residents. Those who have submitted an Email addresses are currently receiving email blast with updated information and resources to assist them during this pandemic. This is a quicker and more effective way to communicate with our residents and BHA would appreciate the full cooperation of its residents. BHA continues to request all residents to submit an active Email address. Email is a very effective way to stay informed especially during these challenging times. You may submit an Email by clicking on the following link;

RossCoordinator@BeaconHousingAuthority.org

Or call 845-831-1289 x 307 and leave a message.

ROBO CALLS

The Beacon Housing Authority continues to utilize ROBO CALLS to disperse information to its residents. If you are not receiving ROBO CALLS and would like to, please contact the ROSS Coordinator, Noah Hargett and provide your name and phone number to be added to the call list, 845-831-1289 X 307. You may also send an email to;

RossCoordinator@BeaconHousingAuthority.org

CORREOS ELECTRÓNICOS

La Autoridad de Vivienda de Beacon continúa recolectando direcciones de correo electrónico para comunicarse de manera proactiva y compartir información vital con sus residentes. Aquellos que han enviado una dirección de correo electrónico están recibiendo una explosión de correo electrónico con información actualizada y recursos para ayudarlos durante esta pandemia. Esta es una manera más rápida y efectiva de comunicarse con nuestros residentes y BHA agradecería la plena cooperación de sus residentes. BHA continúa solicitando a todos los residentes que envíen una dirección de correo electrónico activa. El correo electrónico es una forma muy efectiva de mantenerse informado, especialmente durante estos tiempos difíciles. Puede enviar un correo electrónico haciendo clic en el siguiente enlace;

[RossCoordinator@BeaconHousingAuth
ority.org](mailto:RossCoordinator@BeaconHousingAuthority.org) O llame al 845-831-1289 x 307 y deje un mensaje.

LLAMADAS DE ROBO

La Autoridad de Vivienda de Beacon continúa utilizando ROBO CALLS para dispersar información a sus residentes. Si no está recibiendo ROBO CALLS y desea recibirlo, comuníquese con el Coordinador de ROSS, Noah Hargett y proporcione su nombre y número de teléfono para agregar a la lista de llamadas, 845-831-1289 X 307.

También puede enviar un correo electrónico a ;

RossCoordinator@BeaconHousingAuthority.org

BEACON MUTUAL AID NETWORK

Beacon Mutual Aid (BMA) Network is a community based organization providing assistance to residents of Beacon NY who have been impacted by the Coronavirus epidemic.

If you need help running errands, rides to your Doctor's, shopping, meal preparation, prescription pick-ups, or just need to talk please call BMA for support.

For further information please call/text 845-206-9836 or Email:

mutualaidbeacon@gmail.com

**OFFICE OF THE AGING SENIOR FRIENDSHIP CENTERS**

The Senior Friendship Centers are currently closed as a result of the Coronavirus Pandemic. All Friendship Centers will remain closed until further notice. Please note that the **Meals On Wheels** will continue to provide service on their regular schedule.

RED DE AYUDAS MUTUAS BEACON

Beacon Mutual Aid Network (BMA) es una organización comunitaria que brinda asistencia a los residentes de Beacon NY que se han visto afectados por la epidemia de coronavirus.

Si necesita ayuda para hacer recados, viajes a su médico, compras, preparación de comidas, recolección de recetas, o simplemente necesita hablar, llame a BMA para obtener ayuda.

Para obtener más información, llame / envíe un mensaje de texto al 845-206-9836 o envíe un correo electrónico:

mutualaidbeacon@gmail.com

OFICINA DE LOS CENTROS DE AMIGOS SENIOR ENVEJECIDOS

Los Centros de Amistad para Personas Mayores están actualmente cerrados como resultado de la pandemia de coronavirus. Todos los Centros de Amistad permanecerán cerrados hasta nuevo aviso. Tenga en cuenta que Meals On Wheels continuará brindando servicio en su horario regular.



Fareground Community Café – “Dinners To Go”

Fareground Community Café is a nonprofit organization which is dedicated to nourishing the community by increasing access to healthy and affordable food.

Fareground Community Café will continue to offer “Diners to Go” at both our Hamilton Fish Plaza and Forrestal Heights locations on **scheduled** Saturday afternoons from 12pm-1pm.

Fareground Community Café will disburse meals from their Tiny Food Pantry. Parking lots #3 at FH and the main parking lot at HFP. Please watch out for upcoming dates for the month of June.



Fareground Community Café - "Cenas para llevar"

Fareground Community Café es una organización sin fines de lucro que se dedica a nutrir a la comunidad al aumentar el acceso a alimentos saludables y asequibles.

Fareground Community Café continuará ofreciendo "Diners to Go" en nuestras ubicaciones de Hamilton Fish Plaza y Forrestal Heights los sábados por la tarde **programados** de 12 pm a 1 pm.

Fareground Community Café desembolsará las comidas de su Tiny Food Pantry. Estacionamientos # 3 en FH y el estacionamiento principal en HFP. Tenga cuidado con las próximas fechas para el mes de junio.



**DATES TO REMEMBER/ FECHAS
PARA RECORDAR**

06/14/2020
Flag Day
Día de la Bandera

JUNE 2020
JUNIO 2020

06/21/2020
Father's Day
Día del padre

**AND HAPPY BIRTHDAY TO EVERYONE
BORN THIS MONTH OF JUNE 2020 / Y FELIZ
CUMPLEAÑOS A TODOS NACIDOS ESTE MES DE
JUNIO 2020**



**Seniors Feeding Seniors / Ancianos
Alimentando Ancianos**

The monthly Senior Feeding Senior Program remains cancelled until further notice. BHA recommends any senior in need of meals please reach out to Office of the Aging, Mutual Aid Beacon or Fareground Community Café as a resource for meal preparation and assistance. Please call 845-206-9836

El programa mensual Senior Feeding Senior permanece cancelado hasta nuevo aviso. BHA recomienda que cualquier persona de la tercera edad que necesite comidas se comuniquen con Mutual Aid Beacon como un recurso para la preparación y asistencia de comidas. Por favor llame al 845-206-9836

**WOMEN'S GROUP OF BEACON
HOUSING AUTHORITY**

The Women's Group of BHA continues to suspend their monthly meetings; however the group is discussing the possibility of having virtual meetings. This would enable the group to maintain contact and provide support within the group during these unprecedented times.

**GRUPO DE MUJERES DE LA AUTORIDAD
DE VIVIENDA DE BALIZA**

El Grupo de Mujeres de BHA continúa suspendiendo sus reuniones mensuales; sin embargo, el grupo está discutiendo la posibilidad de tener reuniones virtuales. Esto permitiría al grupo mantener contacto y brindar apoyo dentro del grupo durante estos tiempos sin precedentes.

RESIDENT SUGGESTION FORM / FORMULARIO DE SUGERENCIA PARA RESIDENTES

DATE / FECHA _____

I would like to suggest the following / Me gustaría sugerir lo siguiente :

(All Suggestions Must be Signed and dated prior to submission / Todas las sugerencias deben estar firmadas y fechadas antes de su presentación)

Submitted by / Presentado por

* _____ Print Name / Nombre impreso

* _____ Date / Fecha

* _____ Signature / Firma

Submit to BHA Office Att: ROSS Coordinator / Presentar a la Oficina de BHA Att: Coordinador de ROSS

OFFICE USE ONLY. ACTION TAKEN:

Coronavirus (COVID-19)

COVID-19 Data Dashboard

Dutchess County Government continues to provide residents the most current information on its [COVID-19 Community Impact Dashboard](#), as well as guidance on its website, dutchessny.gov/coronavirus, its Coronavirus hotline, (845) 486-3555, and its [Facebook](#) and [Twitter](#) accounts.

New York State Department of Health Coronavirus Hotline 1-888-364-3065

[The Centers for Disease Control and Prevention \(CDC\) Frequently Asked Questions and Answers \(CDC.gov\)](#) Toggle navigation

Preguntas y respuestas frecuentes de los Centros para el Control y la Prevención de Enfermedades (CDC) (CDC.gov)

Quick Links

- [CURRENT STATUS & LATEST NEWS](#)
- [SYMPTOMS & TESTING](#)
- [PREVENTION](#)
- [INFORMATION FOR SPECIFIC GROUPS](#)
- [DASHBOARDS](#)



A. K. Vaidian, MD, MPH

Commissioner

News Releases, Videos, and Town Halls

- [Dutchess Responds Food Connection Delivers 10,000+ Meals to Families During COVID-19 Pandemic](#)
- [Highlights from County Executive Molinaro's COVID-19 Online Town Hall May 20](#)
- [Facebook Live Town Hall, May 20 \(YouTube\)](#)
- [Facebook Live Town Hall, May 15 \(YouTube\)](#)
- [Molinaro Hosts 10th COVID-19 Town Hall](#)
- [Facebook Live and Tele-Town Hall, May 13 \(YouTube\)](#)
- [Dutchess County Nursing Home Testing Underway](#)
- [Dutchess County to Assist Small Business Community Left Behind by Federal Programs](#)

[More News and Town Halls](#)

Handouts

- [COVID-19 Community Resource Guide Poster \(.pdf\)](#) - download this poster to post in public spaces and businesses.
- Download a flyer with [Best Practices for Businesses During COVID-19 \(.pdf\)](#)
- Download a [Using a Cloth Face Covering as a Mask Flyer \(.pdf\)](#)
- Download a [COVID-19 Community Information Fact Sheet \(.pdf\)](#) to post in public spaces. A [Spanish version](#) is also available.
- Help keep our Parks open and safe for all - download a [Social Distancing at Dutchess County Parks flyer \(.pdf\)](#)
- [New York State COVID-19 Emotional Support Helpline 1-844-863-9314 \(.pdf\)](#)
- [COVID-19 Public Spaces Safety Poster \(.pdf\)](#) - Download a flyer to post in public spaces
- [Dutchess County COVID-19/Coronavirus Fact Sheet – What You Need to Know \(.pdf\)](#)
- [State Office of Temporary and Disability Assistance Extend SNAP, TA/MA/SNAP Benefits Recertification Deadlines \(.pdf\)](#)
- [Important information is available for schools, businesses,](#) and residents to protect against respiratory illnesses. [A Spanish-language version is also available.](#)

Commissioner of Health Alerts

- [May 2020 - Graduation Guidance for Schools \(.pdf\)](#)
- [May 2020 - Public Health Advisory: PEDIATRIC MULTI-SYSTEM INFLAMMATORY SYNDROME POTENTIALLY ASSOCIATED WITH CORONAVIRUS DISEASE \(COVID-19\) IN CHILDREN](#)
- [April 2020 - Commissioner's Order regarding children's camps, campgrounds, seasonal temporary residences, and seasonal communities.](#)
- [March 2020 – ALERT & PROTOCOL – Commissioner's Order for Isolation of Lab Confirmed COVID-19 \(.pdf\)](#)
- [January 2020 - Public Health Alert providing COVID-19 \(formerly 2019-nCoV\) guidance to area healthcare providers \(.pdf\)](#)



New York knows how hard this is.

We have people standing by to talk about it.

NEW YORK STATE
COVID-19 EMOTIONAL SUPPORT HELPLINE:
1-844-863-9314
8 AM - 10 PM, 7 days a week

[COVID-19 Emotional Support Hotline \(.pdf\)](#)

Symptoms & Testing

What are the symptoms of COVID-19?

Symptoms may appear 2-14 days after exposure:

- Fever
- Cough
- Shortness of breath/trouble breathing
- Pneumonia

CDC believes at this time that symptoms may appear in as few as 2 days or as long as 14 days after exposure to the virus.

Where can I get tested for COVID-19?

Several sites have opened in Dutchess County for those experiencing symptoms of coronavirus/COVID-19 to be screened.

Testing for Coronavirus in Dutchess County click here: <https://www.dutchessny.gov/Departments/DBCH/Collection-Sites-for-Testing-in-Dutchess-County.htm>

What should you do if you are experiencing symptoms and have traveled to areas of concern or have been in contact with someone who has traveled to these areas or has a confirmed case of Coronavirus?

- Call ahead to your health care provider before seeking treatment in person!
- [Additional steps to help prevent the disease from spreading to people in your home and community at the CDC.](#)

I've recovered from COVID-19, can I donate blood or plasma?

Vassar Brothers Medical Center has opened a convalescent plasma donation center to collect plasma for patients fighting COVID-19, according to [Nuvance Health](#).

Donors must have had either a positive COVID-19 swab or a positive antibody test. They must be symptom-free for 14 days with a repeat negative test, or 28 days symptom-free. Those who are symptom-free for 28 days will be given priority. Anyone interested can visit www.nuvancehealth.org/plasmadonorcenters.

Learn more about antibody testing in Dutchess County on our [Testing webpage](#).

Prevention

COVID-19 is believed to spread mainly from person to person who are in close contact with one another (less than 6 feet of distance) through respiratory droplets when a person with COVID-19 coughs or sneezes. It may also be possible for COVID-19 to be spread through touching infected objects or surfaces.

How do I protect myself and my family from COVID-19?

Help stop the spread of Coronavirus and protect yourself and others:

- Wash your hands often with soap and water for at least 20 seconds. Use alcohol based hand sanitizer if soap and water are not available.
- Cough or sneeze into your sleeve or a tissue (not your hands), then throw the tissue in the trash.
- Avoid close contact with people who are sick and take special care to help the elderly and people with underlying health conditions avoid exposure. Call instead of visiting those most at risk. Offer help delivering groceries and other necessities so they can stay at home.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick and even if you feel well, stay at home as much as possible.
- Clean and disinfect frequently touched objects and surfaces using a cleaning product that contains bleach.
 - [EPA's list of antimicrobial products registered for use against COVID-19 \(.pdf\)](#)
 - Clean Safely! Keep chemicals out of reach of children, follow directions, and wear protective gear. [For more, click here.](#)
- Practice social distancing. Keep at least 6 feet of space between yourself and others whenever possible. Avoid social gatherings and unnecessary appointments.
 - Help keep our Parks open and safe for all - [download a Social Distancing at Dutchess County Parks flyer \(.pdf\)](#)
 - [Guidance from the State on protecting yourself when enjoying the outdoors.](#)
- Wear a cloth face mask. A simple cloth face covering should be worn by everyone outside of their home when ample social distancing proves difficult. Be sure to wash your mask frequently; the [CDC advises a washing machine is sufficient to clean cloth face coverings.](#)
 - [Using a Cloth Face Covering as a Mask Flyer \(pdf\)](#)
 - [CDC guidance on creating and using cloth face coverings](#)
 - [How to Make Your own Face Covering \(CDC | YouTube\) Cloth Face Mask Checklist from the CDC](#)